



PROFESSIONAL EDUCATION

What's On



COVID-19

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

The Nursing and Midwifery Board of Australia's (NMBA) 'Registration standard: Continuing Professional Development' sets out the minimal requirements for CPD. The NMBA defines Continuing Professional Development as:

"... the means by which members of the profession maintain, improve and broaden their knowledge, expertise and competence, and develop the personal and professional qualities required throughout their professional lives".¹

The NMBA encourages you to spread your CPD activities over the course of the registration year (1 June to 31 May). To meet the NMBA's Standard, nurses and midwives must complete a minimum of 20 hours of CPD for each registration they hold.

Your CPD record

You should maintain your own records of the CPD you complete. You must keep records of your CPD activities for a period of five years, from the date you completed the CPD.

There is no required format to document your CPD. You should keep evidence of CPD activities completed, including certificates of attainment and notes from self-directed CPD activity such as a literature review, case study or journal articles. Any notes submitted should provide a comprehensive summary of the key points of the review, and reflect your learning from the activity.

www.nswnma.asn.au/education/cpd

WE RECOMMEND YOU BECOME FAMILIAR WITH THE FOLLOWING DOCUMENTS FROM THE NMBA:

- Registration Standard: Continuing professional development (NMBA 2016)
- Guidelines: Continuing professional development (NMBA 2016)
- Fact Sheet: Continuing professional development (NMBA 2016)

What activities can count towards CPD?

Your CPD activities must meet your identified individual learning needs, and be relevant to your context of practice. Your context of practice is influenced by the conditions that define your nursing and/or midwifery practice.

There is no requirement for CPD activities to be face-to-face, or in the form of a formal course. Many education providers have cancelled face to face courses, and only some will be able to move to online delivery of education.

A broad range of activities can be recognised as CPD, including:

- In-services and education at your workplace
- Tertiary and other accredited courses, including distance education (needs to relate to your context of practice)
- Webinars or online discussion groups
- Mandatory learning activities in the workplace in the area of practice (related to context of practice and demonstrates new learning)
- Self-directed learning (e.g. – policy review, literature review, case study or journal articles)
- Any type of learning you have had to undertake to prepare you for COVID-19